

Camp Kennedy Clothing & Equipment List

Essential List: You must bring these items.

Please do not bring more than the specified quantity

- () 1 Hiking Boots – **BREAK IN BEFORE CAMP!**
- () 1 Daily wear closed-toed shoes
- () 1 Wet shoes (Old tennis shoes, Converse)
- () 4 Hiking socks (Wool or Synthetic)
- () 10 Athletic socks for daily wear
- () 2 Lightweight, LONG sleeved work shirts
- () 2-3 Long sleeved shirts
- () 2-3 Hiking pants – light weight, quick dry
- () 2 Around camp pants (Jeans, cargos, etc)
- () 4-6 Shorts – at least one nylon (sport shorts)
- () 10 T-shirts
- () 2 Sweatshirts
- () 14 Underwear
- () 2 Bathing suits – at least one that is **SUPPORTIVE**
- () 1 Raincoat – **NO PONCHOS**
- () 1 Rainpants
- () 1-2 Fleece or wool sweater – **NOT BULKY**
- () 2 Thermal underwear top/bottoms – **NO COTTON**
- () 1 Thin wool or fleece gloves – **NO COTTON**
- () 1 Sun hat – anything with a brim
- () 1 Wool or fleece hat – **NO COTTON**
- () 1 20°F sleeping bag w/stuff sack – **NO DOWN**
- () 2 Ditty bags for toiletries/personal items
- () 2-3 Nylon stuff sack
- () 1 Sleeping pad w/ strap – **NOT INFLATABLE**
- () 2-4 Utility straps – 18-24" by ½"
- () 1 Daypack – must have 2 shoulder straps
- () 1 Heavy weight Laundry bag
- () 1 Bathrobe – protect from bugs after shower!
- () 1 Side loading duffel – **ONE** per camper
- () 1 Knife – **NO LEATHERMAN/LOCKING BLADE**
- () 3 32 oz. water bottles (Nalgene, Sigg)
- () 2 Large towels for in camp
- () 2 Small towels for trips (Quick dry are nice!)
- () 1 Flashlight – headlamp if possible
- () 4-99 Bandanas – One million uses

Personal Items:

- () Sawyer's Controlled Release DEET bug repellent
- () Biodegradable shampoo/conditioner – Check labels!
- () Biodegradable soap – Dr. Bronners or Campsuds
- () Camera w/ extra film/memory cards
- () Extra batteries for flashlight/camera
- () Extra glasses (**MUST HAVE IF YOU WEAR CONTACTS**)
- () Spending money (**NO MORE** than \$50)
- () Sock liners (**ONLY** if wearing wool hiking socks)
- () White clothing for Tie-dye
- () Sunscreen, toothpaste, deodorant (unscented)
- () Mesh bags for storage in cabins
- () Pillow/pillow case
- () Fitted twin sized sheet for in camp
- () \$25 t-shirt money (in a sealed envelope w/ camper's name)

Optional:

- () Whistle
- () Compass
- () Backcountry pack (camp provides packs for all campers)
- () Carabiners (great for Nalgene bottle)
- () Fishing pole
- () Guitar/tambourine/harmonica/kazoo/hand drums/Jaw harp
- () Playing cards/travel board games
- () Reading material
- () Journal
- () CamelBack or water bladder – 1 to 2 Liter Max.
- () Blankets, sheets for in camp
- () Costumes/funky hats/unusual footwear

Required Identification:

- () **LICENSE OR SCHOOL ID WITH A PHOTO**
- () **PASSPORT or PASSPORT CARD**