



## 2010 FOOD ALLERGY INFORMATION Camp Maas

Increasing numbers of children have food allergies. We will gladly work with you to provide alternative menu items or special foods for most children with allergies. If, however, your child has a life threatening allergy, our camp may not be the right place for him or her.

Camp Maas is not a nut free camp. Camp Maas's dining facility does not use any nuts or nut products in food preparation. **Labels on some packaged items might state that their product was made in a factory or on equipment that processes nuts.**

Peanut butter is available to campers at every meal in individually-wrapped, portion-controlled size packets. The packets are located in one area of the dining hall, along with bread, jelly, plates and knives. Campers are encouraged to make their sandwiches in this area and then return to their tables.

In addition, counselors of children with severe allergies are instructed about the allergy, in addition to when and how to use an Epi-Pen. The counselor and/or camper will carry an Epi-Pen at all times.

However, we cannot guarantee that:

1. everyone will follow the above guidelines in the dining hall.
2. there will not be food fights at your child's table.
3. campers eating peanut butter will not touch each other or objects in the dining hall.
4. during open seating times, counselors will sit with their own campers.
5. campers on trips will not purchase items containing nuts during pop/snack stops.

Our goal is to provide a safe and healthy environment for every camper. There may be circumstances when Camp Maas may not be appropriate for an individual child. Our health director, Roberta Blumberg, is happy to address any questions or concerns.

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