



Western Trip Clothing and Equipment List

A list of suggested clothing based on our experience is indicated below. The list will be reviewed at the Packing Meeting on April 11 at 11:00 am and 1:30 pm or April 18 at 1:30 pm at Moosejaw in Birmingham. If you live out of town, please contact Jason Charnas to discuss the list and other relevant information.

Mark all clothing with indelible ink. Campers will have the opportunity to do laundry on the trip. We recommend wrinkle-resistant clothing that dries quickly. "Good" clothes are not recommended.

IT IS REQUIRED THAT ALL CAMPERS BRING IDENTIFICATION WITH A PHOTO

TIPS ON PACKING: Campers are allowed only ONE duffel bag (size 26" x 42")

Everything - with the exception of your sleeping bag, sleeping pad, pillow, light blanket and any items kept in your daypack - must fit into your duffel bag. You can best organize your duffel by compartmentalizing your clothing. Group similar clothes, such as t-shirts, and place them into plastic bags. Feel free to use bags you have around the house instead of buying new bags. The plastic bags will serve a dual purpose; to help you keep your clothes sorted and easy to reach, and as added protection against moisture and accidental spilling.

TIPS ON IMPORTANT GEAR:

SLEEPING BAG: You will need a good summer bag with synthetic fill. No goose down or cotton filled bags are allowed. Synthetic will work well when wet and is less expensive than goose down bags. We recommend a synthetic, 20-degree bag.

HIKING BOOTS: Boots should extend over the ankle for support. The upper portion should be made of nylon or leather and should have the capacity to become waterproofed. The boot **should be worn for at least 6 weeks before the trip in order to prevent blisters**. They should be waterproofed before the trip.

RAIN GEAR: A good rain suit is essential and should include rain pants and a jacket with a hood.

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Essential List: You must bring these items.

The specified number of each item is a sufficient quantity.

- () 1 baseball type hat
- () 1 fleece or wool hat
- () 1 pair fleece or lightweight wool gloves
- () 1 rain suit, **INCLUDING RAIN PANTS** -NO PONCHOS
- () 1 fleece pull-over (**MUST NOT** be thick or bulky)
- () 1 sweatshirt
- () 2 long sleeve shirts (cotton or microfiber)
- () 8 t-shirts
- () 1 set polypropylene long underwear (light- to mid-weight)
- () 3 shorts (hiking/microfiber or quick dry gym)
- () 1 swimsuit
- () 1 pair hiking pants (lightweight 100% cotton or Microfiber)
- () 3 cotton pants or jeans
- () 1 pair hiking boots, broken in & waterproofed
(*Height of boot **MUST** be above the ankle)
- () 1 pair light gym shoes for water (Texas OK)
- () 1 pair other shoes for comfort
- () 6 Smartwool or Thorlo hiking socks (med. to light weight-not cotton)
- () 4 pair polypropylene liner socks (as needed)
- () 8 pair socks for everyday/general use
- () 10 pairs underwear
- () 1 20 degree sleeping bag with stuff sack
- () 1 sleeping pad with utility strap
- () 1 pillow
- () 2 pillowcases
- () 2 towels (1 large, 1 medium)
- () 1 heavy duty laundry bag
- () 1 flashlight or small headlamp
- () 4 utility straps
- () 1 belt (utility straps work well)
- () 4 bandanas
- () 1 duffel bag with heavy duty side zipper
- () 1 pair sunglasses with croakie
- () 3 32 ounce/1 liter water bottles (wide mouth)
- () 1 daypack for dayhikes (fits on both shoulders)

Personal Items

- () bug repellent, 100% Deet optional
- () stationary, stamps, envelopes & pens
- () camera
- () film (purchase plenty prior to trip) or digital memory cards
- () extra plastic bags (not new)
- () extra shoelaces for shoes and boots
- () extra batteries for flashlight and camera
- () extra prescription for glasses
- () extra prescription for prescribed medications
- () spending money
- () finger nail clippers
- () toothpaste, biodegradable soap and shampoo, deodorant, sunscreen
(These items should be in plastic bottles which can be tightly sealed)
- () phone card

Optional

- () binoculars
- () whistle
- () compass
- () backcountry backpack (camp provides frame packs)
- () great reading material
- () instruments such as guitars
- () playing cards
- () arts and crafts materials
- () lightweight twin size sheet
- () lightweight blanket
- () heavy jacket (must crush up small, only necessary for very cold person)
- () Camelbak or Hydration Bladder
- () Crazy Creek Chair

Required Identification:

- () **School ID with Photo or Driver License**

NO KNIVES ALLOWED